

# **Department of Psychiatry Grand Rounds**

# January 14, 2025

## "The Role of Mental Illness in Inflammatory Bowel Diseases"

8:00 am – 9:00 am **VIRTUAL ONLY** 

Presented by:

## Argyro Athanasiadi, MD

Medical Director of Consultation and Liaison Psychiatry Department Clinical Assistant Professor Psychiatry and Health Behavior Wellstar MCG Health

Participants will:

- Learn about the bi-directional relationship between stress and IBD
- Describe how depression and anxiety can manifest in patients with IBD
- Identify IBS symptoms and their impact on the course of illness
- Discuss different psychiatric interventions in patients with IBD, with emphasis to psychotropic medications

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